



Reach One Mid-Hudson Regional Recovery Center "Each One, Teach One"

Men's Peer Support Group

SAFE – SUPPORTIVE – CONFIDENTIAL

A seven-week, FREE support group where you can have open discussions about managing stress, share common experiences, problems and solutions.

Meets weekly on Thursday
11:00am to 12:00pm

Workshop Dates:

Nov. 15th & 29th;
Dec. 13th, 20th & 27th;
Jan. 3, 2019.

135 Grand Street (rear
entrance), Newburgh, NY



Open to the public

For more information or to register, contact Romaine, a Peer Recovery Specialist at (845) 725-1244 or visit our office located at: 135 Grand Street, across from the Newburgh Library.

Mid-Hudson Recovery Community & Outreach Center
135 Grand St. (rear entrance) Newburgh, NY 12550
Phone: (845) 725-1244

The potential for recovery lies within each of us



www.MyIndependentLiving.org